

ELEVATE YOUR WELLNESS & COMFORT

WITH **NIRVANA™ SWEDISH AIR MASSAGE**
& **HEATWAVE™ FULL-BODY FAR INFRARED TECHNOLOGY**
by *GOLDEN TECHNOLOGIES*



What is Nirvana™ Swedish Air Massage?

Nirvana delivers a gentle, full-body soft tissue Swedish massage with 10 air chambers that target over **500 square inches of your body**, providing not only relaxation, but also passive exercise for inactive muscles and joints. It features separate massage and heat controls for your lumbar, glutes, and hamstrings plus two modes for soothing or stretching massage, allowing you to adjust and customize your comfort level for total mind and body wellness.

What is HeatWave™ Technology?

This innovative technology uses invisible Far Infrared light waves to deliver therapeutic warmth from your shoulders to your feet, that penetrates up to three inches into body tissue. It can help reduce inflammation, relieve joint pain, alleviate muscle tension, improve circulation, and support injury recovery.

Healthy Benefits of Nirvana Swedish Air Massage with HeatWave Technology

The soothing Swedish massage and deep penetrating Far Infrared heat work together to relax and elongate muscles, relieving stiffness that can result from prolonged sitting. This combination of therapies will transport your mind and body into a state of bliss, restoring your body from the inside out.



USING NIRVANA™ SWEDISH AIR MASSAGE WITH HEATWAVE™ FULL-BODY FAR INFRARED THERAPY

WORK TOGETHER TO ELONGATE, RESTORE & REVITALIZE YOUR BODY INTO AN ELEVATED STATE OF WELLNESS



Massage & Heat

Turns both therapies on and off individually.

Massage Zones

Select **Back**, **Seat** or **Both** for a targeted massage.

Massage Modes

Choose between two massage modes.
Mode 1 offers a gentle soothing massage.
Mode 2 offers a longer, more intense stretching massage.

Heat Temperature

Starts at a low temperature but can be switched to high as needed.

Heat Timer

Defaults to a half hour, but can be increased to an hour.

Note: Massage will run for 15-minute cycles.



Represents
Nirvana™ areas.

Represents
Heat Therapy areas.



Wellness benefits can include:

- Decreased pain & discomfort
- Enhanced relaxation
- Improved flexibility & range of motion
- Improved posture
- Increased blood flow
- Better quality of sleep
- Reduced anxiety
- Encouraged cellular recovery
- Better overall mind & body wellness

FDA Class II Medical Devices designed by Golden Technologies are intended to assist persons with physical disabilities.



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